

Program Descriptions

Arts & Crafts

All Grades

Members will participate in various arts & crafts project as well as learn about various cultural events such as Labor Day, Grandparents day, Thanksgiving, Presidents Day, Mothers Day, Fathers Day and many more.

Basketball Daily Challenge

All Ages

In the Basketball Daily Challenge, Club members: refine their passing, shooting and dribbling skills, focus on individual parts of the game as a way of increasing overall performance, participate in regular training sessions, then have a one-day competition

Cups/KNEX

All Ages

Cup stacking is a sport where participants stack and unstack 12 plastic cups in pre-determined sequences. K'NEX offers exceptional play value through building and bringing models to life.

Drama

All Ages

Lights, Camera, Play! Have fun under the footlights and learn all about theater with improvisational games; puppets; and putting on short plays.

Gadget Girls

Ages 6 – 10

Gadget Girls is a girls only math, science, technology, and engineering program that strives to provide girls the opportunity to try 'hands-on science' in a fun, all-girl atmosphere. The curriculum for this program is adapted from Girl Scout's Bridging the Gap program

Get Fit Daily Challenge

All Ages

In the Get Fit Daily Challenge, Club members: participate in regular physical training to improve their performance, understand the importance of warm-up and cool-down exercises, compete on an obstacle course to see how training improves their abilities

Healthy Habits

Girls Only, Ages 12 & up

Empowering youth to eat right is a generation-changing, life-enhancing program goal, and Triple Play's nutrition component, called Healthy Habits, covers the power of choice, calories, vitamins and minerals, the food pyramid and appropriate portion size. These goals will be accomplished by focusing on how to cook nutritiously sound meals.

Homerun Daily Challenge

All Grades

A Body component of Triple Play. Members will compete in various competitions with a focus on exposing to them to fun, interactive ways to get exercise. Activities will include, parachute games, tug of war, relay races, and much more!!!

Jump Rope Daily Challenge

All Ages

In the Jump Rope Daily Challenge, Club members: learn the basics of jumping rope; increase their aerobic fitness; discover that getting in shape actually can be fun

MusicMakers

All Ages

MusicMakers will let your Club members express themselves in musical, creative ways. Members will develop musical skills that are fun, build confidence, and might even lead to careers in the performing arts.

Netsmartz

All Grades

NetSmartz, a comprehensive program from BGCA and the National Center for Missing & Exploited Children, teaches members Internet safety skills through engaging multimedia activities and offline interaction with Club professionals, in three age-appropriate modules:

Photo Tech

Grades 4 & up

Members take digital photos, explore the effects of distance and angle, and learn about photo composition. They also learn digital photo manipulation, from basic photo editing tasks, such as cropping and adjusting color and light, to advanced projects that require image filters and layering, such as creating CD cover art or photographic "hoaxes."

Sign Language

All Ages

Members will learn the basics of communicating by sign language.

Skill Tech I

Ages 8 & up

Outlines computer skills basics with fun and age-appropriate online courseware. Club members perform activities toward the completion of larger projects, mastering valuable computer skills in word processing, spreadsheets and other productivity software.

SMART Kids

Ages 6-9

Focuses on building self-esteem, positive social skills and the skills to avoid drugs and other harmful influences.

Start SMART

Ages 10-12

Presents information and skills needed to resist pressures to get involved in alcohol, tobacco, or other drugs. Group members analyze influences from the media and from peers; they also practice resisting peer pressure.

Torch Club

Grades 11 - 13

This small-group leadership development program, sponsored by Staples, is targeted to youngsters Grades 11 to 13. Within some 700 Torch Clubs across the country, members elect officers and plan and implement their own activities and community service projects. Each Torch Club receives an official charter from Boys & Girls Clubs of America.

Top Secret Girls Stuff

Grades 5-8

Girls Only for this class. The program focuses on issues specific to female Club members and is designed to encourage healthy attitudes and lifestyles that will enable those members to develop to their full potential